

MY WALKABLE CITY

ONLINE +
URBAN SPACE WHERE YOU ARE

October 27 / November 1

Curated by: Frey Faust, Jerome d'Orso,
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*A subtle, elegant protest,
An excavating ant army,
Let's emerge with
new gathering strategies
we need this now!*

This laboratory has the seed of protest, which today seeks new forms to express positions with precise elegance, respect, and reflection. Walking is a practice shared by all human beings. Walking has shaped our species. In every ritual, repetition plays a fundamental role in generating a common intention and stimulating transformation. Walking is repetition. During this morning practice we will focus on the act of walking, on its intrinsic polyrhythmicity, on personal variations, on the possibility of creating collective movement while maintaining individual specificities. We will use walking as a fundamental gesture, as a gateway to our cellular memory, as a relationship activation device and as a means of meeting our surroundings. As we walk, we will collect sights, sounds and words to share, to recall recent and ancient memories and create new ones to take with us on the way.

Observe
reveal relationship
name
act
question

The laboratory is structured in three parts:

1) **Online theoretical meetings**, every day from 17.00 to 19.00, Sunday from 11.00 to 13.00

During these meetings, the biomechanical, anthropological, philosophical and sociological aspects of walking contained in the Axis Syllabus archive will be shared. At the end of each meeting a relevant creative task related will be given.

2) During the next day, before the online meeting, we will take an hour outdoors to **perform the suggested physical practice**. For those staying or living in Bologna there will be days when we will meet and practice together in a designated spot in the city.

3) During each practice session, everyone should **document their process** in some manner: writings, photos, video, audio recordings or found objects; materials that will allow us to connect and share our experiences. The materials can be posted in a virtual space we will prepare, allowing us to study, pose questions and inspire each other. **On Sunday the 1st of November, we are planning a collective action, which we will discuss during our online meetings.**



Foto di : Barbara Cali

COSTS:

the workshop will cost €80. For those workshop participants who have paid the deposit, we will return the difference by bank transfer.

If anyone would like to support the Festival and the work of all the teachers and artists involved, it is possible to purchase the book documenting the 1st and 2nd Scie festivals for 20€.

SCIE BOOK (The book 2.0 is in italian and english)

VI INVITE YOU TO GIVE US A CONFIRMATION BY EMAIL info@sciefestival.com, sò we will give you more logistic details and link to access.

